



If you would like to make a donation to Dragons Abreast ACT and Region please post a cheque to:

DAACT Regatta
PO Box 7191
Yarralumla ACT
2600

Or make a direct bank payment to Dragons Abreast ACT
BSB 012 964
Acct No 4920 03119

Did You Know?

Men can get breast cancer too. While it is rare, accounting for less than 1% of all cancers in men, and less than 1% of all breast cancers it does happen.



Dragons Abreast ACT is supported by the ACT Government under the ACT Health Promotion Grants

Regatta Update #6

Dragons Abreast ACT
2010 Dragon Boat Challenge
For Corporate and Social Crews

Newsletter Date 17 October 2010

Thank You to Our Sponsors and Supporters

Dragons Abreast ACT would like to thank all our sponsors and supporters. In particular our thanks go to the following organisations for the support and services they have provided:

ACT Rowing Association
Black Magic Coffee
Burgmann Anglican College
Cafe2U
Canberra Dragon Boat Association
Canberra Southern Cross Club
Canberra Trophy Centre
Canberra Yacht Club
Chamelon Ice Creamery
City Group
Coca Cola Amatil
Curves Belconnen
Fruitacious
Go Traffic
Hotel Realm
Nutrametics
Om Shanti Massage
Phantom Drums
Pace Farm Eggs
Prosperous Mountain Lion Dance
Rotary Club of Canberra North
St John Ambulance
Typhoon8

We would also like to thank all the organisations that provided raffle prizes. We are sure the winners will enjoy them all.

A huge thanks goes to our many volunteers and of course all the teams that have entered. Without you there simply wouldn't be an event.

What About the Weather

Weather is always a concern for during outdoor events. However when it comes to Dragon Boating you need to remember it is a water sport and you do get wet, so a little rain won't stop the regatta (but do bring a change of clothes). Also the site offers some protection from high winds, so we are not expecting to get blown away. If conditions do become unsuitable our Chief Official will let us know. We are all hoping this will not happen though.

Setting Up

If you have a tent or marquee you wish to set up for the race you can come to the site on Friday 22 October after 2:00pm. It is always a good idea to get your spot early and with races starting early the next morning you might prefer to be ready to go rather than fiddling with your race day shelter. We would however advise that you leave your valuables at home. While we may have people on site for security purposes they cannot be everywhere and things may disappear.

When to Get There

Races start at 7:45am and the first boats will start heading for the start line just after 7:30am, regardless of whether you are there or not. Check the draw to see when your team is due to race and plan to get there about an hour beforehand. Regattas are unpredictable and we could run early. And, you need to get your team sorted out, final instructions given and everyone should warm up before heading out.

On behalf of all the members of Dragons Abreast ACT thank you for your support and have FUN