



DRAGONS ABREAST NT INC
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PADDLING IN DARWIN WITH DRAGONS ABREAST NT

Training is currently Tuesday and Thursday afternoons at 5.20 for a 5.30 start. We leave from the Berth below Mr Ernie Chin's office in Cullen Bay, almost opposite the Mandorah Ferry Terminal. Please bring a hat and a water bottle.

Members of Dragons Abreast Australia (DAA) are welcome to paddle with us when visiting the Northern Territory but must produce a Dragons abreast ID card before being allowed in the boat.

COME AND TRY DRAGON BOAT PADDLING

The purposes of Dragons abreast NT *Come and Try* sessions are to:

- Offer breast cancer survivors the opportunity to try their hand at dragon boat paddling
- Explain and demonstrate the exercise experience in a safe environment
- Meet with others who are travelling the journey with breast cancer in a fun and social environment.

***Come and Try* sessions have been temporarily suspended till after the Annual General Meeting (AGM) late March 2009.**

Thank you.

Jill Finch
Dragons Abreast NT Coordinator
02.02.2009

