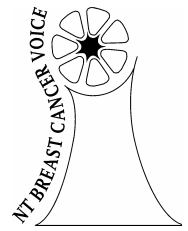




Keeping aBreast

A Newsletter from NT Breast Cancer Voice and
Dragons Abreast Northern Territory



Issue 1 • April 2004

Check out the website
www.dragonsabreast.com.au

LATEST NEWS

2004 is shaping up to be a very full on year! Susan Tulley and I will be traveling to Melbourne at the end of the month for the Breast Cancer Network Australia (BCNA) Think Tank and are staying on for the launch of the 'My Journey' kits – another Territory initiative that has now gone national!

We are also very keen to hear from any Territory women who wish to attend the **Still making a difference - Australia's 2nd National Breast Cancer Conference for Women**. The Conference is to be held in Melbourne from 27 to 29 August. Full details are available at www.bcna.org.au.

Those attending the Conference will receive a wealth of information and can help set the agenda for BCNA's future advocacy work to improve the care, treatment and services for those affected by breast cancer.

Everyone attending needs to complete their own registration forms and mail direct to BCNA but we are hoping that Dragons Abreast and NTBCV will be able to secure funding to cover accommodation expenses, on a share basis, for the Territory women who wish to attend. If you want to take advantage of this please contact us.

Several members of our Dragons Abreast team are currently in training for the Ord Marathon being held in Kununurra on the 9th May.

Michelle Hanton
National Coordinator of Dragons Abreast Australia
Vice Chair of NTBCV

CONGRATULATIONS ALAN

We are very excited and proud that our coach – **Alan Culbertson** – was named the NT Ambassador of the Year at the NT Sports Awards held on the 2nd April!



Alan with the prestigious trophy

MAKING IT HAPPEN – THE SPONSORS

Lizards NT is the new national sponsors, contributing \$30 000 worth of fabulous merchandise!

The sponsorship merchandise includes backpacks, T-shirts, polo-shirts and shorts. Dragons Abreast looks forward to a wonderful relationship with our newest sponsors.



With all this fantastic gear, we will always be dressed for the occasion!

Note from the Editor

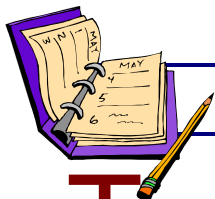
Welcome to the first issue of 'Keeping aBreast' for the year – I hope you like the newsletter's new name.

I'm delighted to be part of a group that supports and assists people and their families who are touched by breast cancer.

I hope to be able to bring you this two-page newsletter at the end of each month. If you have any good ideas for the newsletter, or information or stories you would like to share with others, please email me at theellis4@optusnet.com.au by the middle of each month. Also, your feedback on the newsletter would be great!

Annie Ellis

Enthusiasm is like a ripple in the water – it spreads!



DIARY NOTE

The Administrator's Pleasure is on **10 July 2004**, and is a good old fashioned Variety Show. This event is hosted by His Honour the Administrator of the Northern Territory, Mr Ted Egan OAM.

The fabulous event is to be held at the Darwin Entertainment Centre. All proceeds from this event will go to breast cancer research. Member of Dragons Abreast and the Northern Territory Breast Cancer Voice are working hard to ensure the night is a huge success and enjoyed by all!

Please give Michelle Hanton, National Coordinator for Dragons Abreast Australia, a call on 8941 8923 if you would like tickets to this event or if you would like to be involved or make a donation.

THANK YOU DAVE AND COLLEEN!

The Dragons Abreast wishes to thank Dave and Colleen Haydon from Coonawarra Panel Works for the fantastic paint job on the BBQ trailer and to Steve from Total Signs for the fabulous signage – it looks fantastic.

We are also very grateful for the Northern Territory Government Community Benefit Fund for the grant. The trailer will be available to hire to other groups or, if the hire is for a worthy cause, the trailer will be free of charge.



Dave and Colleen Haydon

CHINA IN OCTOBER

The 2004 IDBF 5th WDBRC will take place at the Dianshan Lake, Qingpu District, Shanghai, China from 20 to 24, October 2004. The Opening Ceremony will be held on the 20 October 2004, with Championship Racing from 21 to 24 October inclusive. Provisional Entry Forms must be with the Organising Committee by no later than 1 May 2004 – so any Pink Paddlers from the NT wanting to paddle in this event need to let me know immediately, so I can advise AusDBF of how many teams we will have.



Breast Effort Team from the Department of Health and Community Services - Harmony Day regatta

APPRENTICE SWEEPS

Lyn Beaton, Bonita Fong, Monika Hersiger, and Ron Mitchell are all eager to learn to sweep, and are currently learning the ropes. They are only able to sweep if Alan or Michelle is present in the boat.

NOVICE SWEEPS

Pauline Deslandes and Judy Smith are permitted to take out **experienced** crews on their own.

NBCF Breakfast

The NBCF Breakfast was held in Darwin on 10 March.

We are thrilled to boast that our breakfast had the highest attendance Australia-wide!

As a result of this breakfast, we have received an excellent response, and the Territory aims to raise a **minimum** of \$30 000 for breast cancer research this year. What an achievement!

Check out these great sites:

[Random Acts of Kindness](#) Breast Cancer Awareness – seeks to promote awareness of breast cancer and heaps of links to other relevant sites - www.geocities.com/

[Breast Cancer Awareness Network](#) – Offers an extensive collection of links to breast cancer information, awareness, treatment and prevention sources - www.phenomenalwomen.com/breast-cancer/