



DRAGONS ABREAST NT INC
GPO BOX 872
DARWIN NT 0801
ABN 25 391 493 042
www.dragonsabreast.com.au



JUNE NEWSLETTER

Greetings DANT members,

It has been great to see a number of visiting members from other DAA teams so far this Dry Season. We encourage and welcome fellow paddlers but please bring your DAA Identification Tags with you. Feel free to ring or text: Jill Finch, Judy Smith or Pauline Deslandes for more information about paddling in the NT. The Shorelands Corporate Regatta on the 9th August is shaping up to be an excellent event so please put this day in your calendars. DANT are organising and helping on the day so let the committee know of your availability. It will be a fun and social event with *many hands making light work*. We hope to see you there.

Paddles Up
Jill Finch

DANT Management Committee Members and Contacts

Name	Position	Email	Phone	Mobile
Jill Finch	NT Coordinator	Jill.finch@ntschoools.net	89279794	0408814498
Judy Smith	Vice Coordinator	Judy.smith@nt.gov.au	89453115	0400263273
Pauline Deslandes	Secretary	bd44@bigpond.com	89833138	0419808762
Pauline Tauschke	Treasurer	tauspaul@vic.chariot.net.au	89414675	0417035936
Robyn Rowe	Registrar	roweh@ozemail.com.au	89273168	0400452941
Colleen Haydon	Fundraising	cpw2@iinet.net.au	89843368	0407004324
Lyndall Finch	DBNT Rep	fingl@bigpond.net.au	89812238	0412881127
Aileen Blyth	Public Officer	aileen@eco-options.com	89313339	0428889730

DRAGONS ABREAST NT COMMUNITY AND CORPORATE REGATTA PRESENTED BY SHORELANDS AND PROUDLY SUPPORTED BY DBNT

Exciting, exciting, exciting, Dragons Abreast NT are going to hold a Regatta on the 9th August 2009 at Kahlin Beach, Cullen Bay.

Dragons Abreast last held such a Regatta in the Territory on 25th August 2002 - it was highly successful with 32 teams participating. It was the very first Dragons Abreast Regatta in the country and now Dragons Abreast Regattas are an annual event in ACT and also in Darling Harbour, Sydney.

On the day Dragons Abreast NT will not be entering any teams but we would like as many of our members, their family, friends, cousins, uncles etc to either come along and help, participate by putting in a team, or come along as a spectator.

The committee at the moment stands as Jill Finch, Pauline Deslandes, Lyndall Finch, Judy Smith, Colleen Haydon, Chris Sargeant and Aileen Blyth and we are being mentored by Michelle Hanton.

I have attached a flyer with this newsletter so please get it out in your workplace or wherever. Please let me know dantsecretary@dragonsabreast.com.au if you will be available on the day to help out.

Lets all pull together to make this a very successful event.

All proceeds go to Dragons Abreast Australia to help equip their new office in Darwin with key books relating to breast cancer and to promote the awareness of breast cancer through dragon boat paddling

Breast Cancer Survivor Retreat Weekend

A great weekend was had by all with very positive responses from all those that attended. Saturday afternoon we all took to the water in *Sunshine* for a paddle around The Lakes. Everyone enjoyed themselves with a couple of ladies wishing to come and joint DANT. The Saturday night dinner held at the Berry Springs Wildlife Park in the Aquarium was absolutely delightful. Both mornings began with ball games and exercises which certainly proved to be a lot of fun and we found muscles that had been dormant for some time. A big thankyou to Jill Naylor from the NT Cancer Council for her organisation of the weekend.

Comment from Pat

"I'd like to thank CCNT and DANT for organising the retreat for Breast Cancer Survivors.

I will take away a lot of wonderful memories of some amazing women. I hope we are able to hold the event again next year and that more women have the opportunity to 'step off the roller coaster' for a few days.

The only things I'd change (if I get the chance to go again next year) – I'd bring my own pillow and a large box of tissues!

Thanks again for an experience I will never forget"

The weekend was a joint venture between the NT Cancer Council and Dragons Abreast NT.



Exercising



Paddling



Trying on Bras



Ready for Dinner



At the Aquarium

Hodgkinson's Open Garden

DANT were the charity of choice by Jenny Hodgkinson when she & her husband opened their garden for the Australian Open Garden Scheme. To support the weekend some of our members volunteered their time to work on the gate collecting the money. It was decided at DANT's last management meeting that the funds we receive from the Open Garden will be used to support the purchase of two portable DVD players for the chemotherapy room in the Darwin Private Hospital. Thanks to those that were able to assist. I have had an email from Jenny thanking us for our support.

Golf Ambrose

Our major sponsor for the day was Shorelands

After a light lunch 36 registered teams hit off on the Palmerston Golf & Country Club, with the majority of teams dressed up in pink.

This year we had two “novelty holes” – Nip & Hit where players had a nip of port in a small plastic cup and then they had to turn the cup upside down and hit their golf ball off this instead of a tee. If they cracked the cup they then had to buy another nip for the whole team. There were some very inventive ways



of using the cups to hit off, but it proved to be a successful fundraiser, raising over \$500. The other novelty hole – “Ashes

Series” Here players had to use a cricket bat to hit off. There is a big difference between a golf swing and a

cricket swing. The Police Buggy was also on course booking many players for “irregularities” which resulted in a substantial amount for fines. Our barbeque cooks were kept busy cooking the satees, and our Drink Fairies were in great demand all day. The Palmerston Golf & Country Club are truly great supporters of the day and without their generous donation and support the amount raised would be considerably less. A big thankyou to those that supported the day. These business and people are listed below. Thanks to all our members that were able to help out before and during the day. This was our major Fundraiser for 2009 as the Crab and Quail & Auction Evening will not happen this year. DANT raised approx \$13 000.00 from this event.



PROCEEDS GO TOWARDS PROGRAMS PROMOTING AWARENESS OF BREAST CANCER THROUGH DRAGON BOAT PADDLING – ENCORE, RETREAT WEEKEND FOR BREAST CANCER SURVIVORS, PAMPER PACKAGES, KEEPING DANT BOATS ON THE WATER AND DRAGONS ABREAST AUSTRALIA

Air North

All About Party Hire

Allied Irrigation

Aussie Signs

Australian Tech College

Auto Care Panel Works

Bakers Delight

Board Walk Cafe

Cancer Council of the NT

Café Belissimo

Cazaly’s Sports Club

Central Business Equip.

Colin Wicking

Coonawarra Panel Works

Darwin Cool Shade

Darwin Sailing Club

Diagio

Direct Air

Eco Options

Finlay’s Stonemasonry

Helpers behind the scenes

John Hine

J.R. Communications

KPMG Chartered Accounts

McDonalds

Nicole Grant

Norgate Contracting

NT Police Assoc

Oasis Irrigation

Palmerston Golf Club

Palmerston Mobile Shop

Pit Lane Liquor

PGC Green Staff

Police Social Club

Red Rooster

Ross Parks

Seadogs Restaurant

Shorelands

Simwah

Smith Snackfoods

Tire Link

Ward Keller

Wigg Plumbing

Zonta

Oamps Insurance

Dragon *DINC*

The above is the current name for the group of walkers entered in the Relay for Life. You will need to ask '*DINC*' stands for Dents, Implants, Nothing & Construction. If you would like to know how it was achieved please ask Di Howard. While **raising the awareness of breast cancer** by our presence it will be a fun, rewarding night. Good luck walkers.

Birthdays Wishes June

Colleen Haydon, Susanne McCully, Emma Dunbar



Australian Credit Union Lottery

This is coming to a close. Any outstanding books should be returned to Pauline T.

May/June DANT Management Meeting Roundup

The minutes from these meetings are available on request. Please ask Pauline D or email

dantsecretary@dragonsabreast.com.au

New Members

Welcome to Dragons Abreast NT – Michele Mclean, Christine Anderson, Jan Anderson, Margarette Gill & Rosemary Chick

Northern Territory Breast Cancer Voice (NTBCV)

A date for your diary - NTBCV is having a quiz night Friday 28 August at the Chung Wah Hall. More information will be sent out at a later date.

Dragons Abreast NT Office

Unfortunately we have lost our office which had been given to DANT free of charge by our wonderful sponsor Shorelands. Shorelands have moved into new premises in the city. As you can imagine over the years we have manage to collect quite a bit of gear (just like Bower Birds). DANT own a small trailer, a barbeque trailer, tables, chairs, fridges, filing cupboards, T.V., video, desks, sideboards, plus lots and lots of bits and pieces that have been collected or bought for our fundraising events. The Management Committee voted to hand over all the big ticket items to DAA to help them furnish their new office. Chris Sargeant has given us space in her warehouse for our bbq trailer, trailer and metal cupboard, THANKS CHRIS and DAA has allocated us space in their office to set up a desk with our computer and a few bits and pieces.

Dragons Abreast Australia's Office

DAA has moved from Michelle's granny flat into their premises in Winnellie – Unit 11 in the Sandgate Complex. There are still a few teething a problem with setting up computers but otherwise the office is really taking shape and looks really good. If you are in the vicinity please drop in to say hello and have a look. **NEW OFFICE PHONE NUMBER:** Office number is 08 89470086 Fax number is 08 89470087 Once they are settled the office will be open from 10 - 3 pm daily.

“WELCOME TO DRAGONS ABREAST”

Dragons Abreast Australia National News Bulletin

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For addition or removal of addresses, I'll send a confirmation message to that address.

When you receive it, simply reply to it to complete the transaction

East Point Dragon Challenge

Under the auspices of Dragon Boat NT

- When:** **Sunday July 19th**
- Where:** Cullen Bay Beach to East Point and return
- Starting time:** **9.30am**
- Distance:** Approx 10kms
- Tide:** Low 9.15am 3.74 meters, High 2.30pm 5.07, (1.33meter rise over 7 hours)
- Who:** DBNT Club teams
Maximum number paddlers per boat is 16
Mixed teams – minimum females 8
Out Rigger Club Teams
Team uniforms to be worn
- Cost:** \$100 per boat
- Trophy Presentation:** Ski Club 11.30am 19th July
Trophy for each place getter in each Division.
- Registration:** Register your interest by emailing Leanne Goldsworthy on
leannegoldsworthy@bigpond.com by June 26th 2009.

As the Dragons Abreast “Mandorah Challenge” was replaced with the DA Shorelands Regatta in August, this event will provide a chance for a distance event in the Harbour.

It is not intended to be a profit making exercise, and any money over the requirements for trophies which is raised, will be used to provide some finger food at the trophy presentation.

The event will be run by ADPC. It is intended that teams will present at the ADPC Cullen Bay cage in time to load and leave the loch at 9am. The race will start at 9.30am, opposite Cullen Bay beach and the course will be approximately 5/6 km towards East Point and return. We will then return through the Cullen Bay Loch at 11am. We would then ask teams to proceed to the Ski Club for Trophy presentations.

There will be a class for mixed teams, (and Women and Open teams if we get the entries). If clubs cannot raise a team, we will accept teams made up from two clubs. We will also have a class for Outriggers.



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MEMBER UPDATE FORM

If your information has changed since completing your registration form could you please return this form with your changed details to Dragons Abreast NT's Registrar Robyn Rowe

Surname		First Name	
Residential Street Address		Suburb	
State		Postcode	
Postal Address		Postcode	
Home Phone		Work Phone	
Mobile Number		Email	