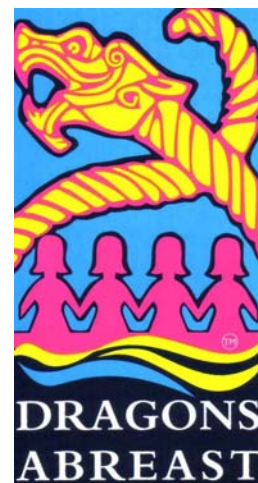


# DRAGON BOATING Regatta for Corporate/Community/Social crews

When ; Sunday, 19 October 2008

Where ; Darling Harbour, Sydney

Hosted by Dragons Abreast Australia



Here is your chance to have a go at the fastest growing sport in Australia!

As a result you will:

- have heaps of fun
- learn a new skill
- rediscover forgotten muscles
- enjoy the company and support of your peers
- be raising breast cancer awareness in the wider community
- honour those living with cancer and those who have lost their battle
- be helping the increasing number who survive to regain their quality of life after treatment
- and ... you might even win a medal!

**All you need to do is get together a group of 20 people to make a team**  
**(any gender combination but a maximum of 10 men per crew).**

**Coaching and safety training will be provided.**

Your team can be anyone who wants some fun, exercise and excitement - friends, work colleagues, sporting colleagues (excluding dragon boat clubs), or anyone who's game!

(NB: the DBNSW Inc. rules for Corporate/Community/Social crews will apply - visit

[http://www.dbnsw.org.au/\\_data/page/18/20062007CategoryDefinitions.pdf](http://www.dbnsw.org.au/_data/page/18/20062007CategoryDefinitions.pdf) for details)

The day's racing will include:

- The **5th Dragons Abreast Hospital Challenge**
- **Corporate Challenges**
- Inaugural **Men's Cancer Challenge** (for male cancer survivors)
- Inaugural **Seniors Challenge** (for paddlers over 60)
- Inaugural **Fancy Dress Challenge**

Entry is by fundraising \$2,000 or more per team with all proceeds to Dragons Abreast Australia who will, in conjunction with Dragon Boats NSW provide 2 free training sessions, dragon paddles, boats and insurance as well as an accredited sweep and experienced coach.

Places are limited so hurry to register your interest via email: [regatta@dragonsabreast.com.au](mailto:regatta@dragonsabreast.com.au)

**Dragons Abreast Australia** is a registered charity that helps post-treatment breast cancer patients whilst promoting breast cancer awareness and education. Happily a large percentage of women survive breast cancer these days but their transition from patients back into a full and active life is often difficult. Our organisation is a highly effective element in the ongoing post-treatment management of breast cancer patients, delivering significant physical and psycho-social benefits. All breast cancer survivors, regardless of age, gender, sporting ability or fitness are welcome to join Dragons Abreast. There are Dragons Abreast groups all around the country - call **1300 889 566** to find your nearest group. Dragons Abreast Australia is a registered charity.

All donations \$2.00 and over made to Dragons Abreast Australia are tax deductible.

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