



The Pink Pamphlet



December 2010

“from little things,
big things grow”



From just 2 people, Maxine Barker & Sandra Sinclair attending the Inaugural South Pacific Breast Cancer Regatta in Auckland NZ in March 2003, this wonderful group, called **Dragons Abreast Port Lincoln**, has grown.

When the third and fourth members joined, Christine Jettner and Beth Dunchue, we were up and running.

With assistance from the Tunarama 2004 Committee, we were able to invite Michelle Hanton, the National Coordinator of Dragons Abreast Australia and John Holland the President of Dragon Boat South Australia to bring 3 boats & teams from Adelaide to hold a mini regatta on Boston Bay as part of the Tunarama 2004 Program.

We had over 90 people eagerly attend our “Come & Try” sessions.

The spectacle of the dragon boat races on the blue waters of Boston Bay attracted a lot of interest.

We participated in the Tunarama Parade with a “cartoon character” boat with support from Dragons Abreast Adelaide, another new group that was formed in November 2003.

We held a gathering of interested people under the pine trees by the jetty with 15 interested women attending, thus **Dragons Abreast Port Lincoln** was founded on 26th January 2004.

Friends
You and Me
You brought another Friend
Then there were Three
We Started Our Group
Our Circle of Friends
And like that Circle
There is no beginning
And no end



New Zealand
2003



Port Lincoln
2004



“Breast Cancer Survivors Leading an Active Life”

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“When we dream it we can do it”

Committee News

What an amazingly fulfilling 2010 we have had!

Our priority was to raise enough money to build a home for our boat, "Maxine's Dream" on the piece of land so generously offered by the Port Lincoln Race Course Committee.

Well, we did just that with lots of dedicated hard work by our membership.

Now we have our own home base, already used for the AGM, Shed Opening and Xmas party.

Our next challenge will be to provide power to the shed and this will be investigated shortly.

For 2011, we have the Tunarama Quest Entrants' presentation night at which Thekla Papazoglov hopefully will enjoy success. DAPL will be the recipient of Thekla's hard work (fundraising).

Again we will be part of the Tunarama parade along with Thekla. Please try to join us as this one is special, being the 50th.

Paddling will be the priority for this year with many opportunities available to us. Including; DAA National Regatta 9-10 Sept at Caloundra, Aust Masters Oct 7-16 in Adelaide, Mildura Masters Aug 20-28.

After a meeting with Coaches and Paddlers a programme will be decided on and training will be directed towards chosen events.

More social gatherings will be planned with our annual pilgrimage to Tummy Bay in Feb, and a possible venture to Pt Neill..... Dates to be advised.

On 10th April we have been invited to participate in a **Pink Bowls Day** at Kirton Point Bowling Club.

Yes, there will be some fundraising activities, eg. BBQs, PLRC week, etc

So, let's enjoy paddling and each other's company in this dynamic sport of dragon boating!

Fun & Games

DAPL CHRISTMAS PARTY 2010

When Sandy asked for suggestions for the DAPL Christmas party Terry and I suggested a sit down dinner at the new shed with roast meats and salads. (They probably won't take us up on the offer we said!!!!) We soon found ourselves organizing the Christmas Party for 43 at the shed on December 11th. Terry contacted the Lions Club and they were happy to donate 5 trestle tables and the Race Club was happy to lend us 50 chairs. We priced meat, potatoes, plates etc and took it to a meeting. A few weeks of planning turned into a really great night. Saturday morning saw Dorthe and I at Maxine's making salads while Terry and Steve picked up BBQ's and took them to the shed. They spent the afternoon setting up tables and chairs and cooking roast lamb, pork and turkey breast rolls. (18.7kg of meat). Judy our master decorator transformed the shed with shades of purple, pink and silver. The table centre pieces were brilliant. I cooked 49 jacket potatoes at home and when I arrived at the shed it was a buzz of activity with Sandra D, Claudene and Fay M bringing delicious dip platters to start the evening off. Vi made a wonderful punch for all to enjoy. Oriol's Chang salad was a big hit too. After a little bit of fun getting the turkey cooked Dorthe wielded her carving knife and dinner was served. Before having dessert we played two games of Celebrity Heads, first the girls and Jackie did well to guess she was Kate Middleton while the second game with the boys also provided much laughter with Gerry in his stunning pink jacket guessing that he was Julia Gillard. Di and David provided yummy Christmas pudding for dessert with Jackie and David making the custard to top it off. Marg our Pavlova queen made 50 miniature pavs with cream and strawberries. Cynthia R. made lovely chocolate slice and Cynthia A. made yummy Christmas balls and jelly slice to have with tea and coffee. We were then entertained by the Village people with some energetic line dancing. Good tattoos Fay S! Steve made his entrance as Father Christmas and there was much laughter and fun as we sat on his lap to get our presents. Thekla kindly lent us some Greek music and well done to all our Zorba dancers, particularly Jackie. Thank you to the ladies who travelled down from Kimba & Arno Bay to be with us. It was a real joy to Terry and I to see everyone having a good time and we would like to thank everyone who helped to make the evening one to remember.



Promoting Dragons Abreast Port Lincoln

DAPL's Walking Group

2010 has been a very good year for 10 "Lincoln Lively Ladies". We have extended ourselves by walking in areas of Tumby, Cummins, Louth with plans to go further afield in 2011. Walking 2 hours on average Rain or Shine we have challenged ourselves on many varied terrains. What we have seen on the way has been both surprising and extremely rewarding. We experienced an excellent Christmas Lunch in traditional style and service at the Rose Garden at Maxine's suggestion. All walkers participate in planning destinations throughout the year.



Kaillie's Project

In August 2010 DAPL was contacted by a student from St. Joseph's School, asking whether she could do something to support DAPL for her year 11 Special Project. Kaillie met with Maxine and Jackie, to find out more about Dragons Abreast and how she could help us as part of an organizational project for her studies. She chose us as there were members of her family affected by Breast Cancer and the cause appealed to her. After discussing the requirements of her study, we suggested that she donate funds raised towards our Coffin Bay Retreat project and she agreed that this would be an ideal focus.

On October 16th, Kaillie organized a "Sausage Sizzle" at Coles Supermarket and made over \$250 towards another Retreat Opportunity. She presented the money to Jackie Johnston on her final day of her School term and was warmly thanked for her interest and involvement.

Wild Weather Keeps Breast Cancer Paddlers on Dry Land

Ten members of Dragons Abreast Port Lincoln travelled to Tasmania to take part in Dragons Abreast Australia's first National Convention based in Hobart on 16-18 September 2010. 200 Dragons Abreast members from Clubs from all over Australia took part in practical and theory workshops relating to paddling, effective running of groups and ways to maximize awareness of "life after Breast Cancer".

The previous days of unseasonal snow, hail and rain meant that on-water workshops on the Huon River at Franklin had to be cancelled because of fast flowing water and log hazards but members made the most of their opportunities to attend workshops, meet with members of other groups and check out the sites and markets of Hobart.

With fresh inspiration, Dragons Abreast Port Lincoln paddles on Sunday mornings at 9-00 -10-00am followed by coffee on the Marina Hotel Boardwalk. Breast Cancer Survivors and their Supporters are welcome to come along to paddle or join us for coffee. For enquiries, contact

Co-ordinator Maxine Barker phone **08 86826519**

"Pink Link" Day

After much anticipation, the Qantas "Pink Link" plane arrived in Port Lincoln as a fundraiser and awareness campaign for the National Breast Cancer Foundation. On Saturday 30th October, 15 members of DAPL were delighted with their "Mystery Flight" which was of our magnificent coast line. A truly memorable experience for all whilst the atmosphere on board was amazing with the Crew being so friendly and helpful along with the Pilot's commentary. Marg & Murray Montgomerie were thrilled to win a return flight to Melbourne, a great way to finish off a fantastic day despite the miserable weather.



Birthdays & Other Events



Happy Birthday to...

December 2010

Cynthia Agars Lynece Beames
Rosalie Foreman

January 2011

Anne Baldissera Terry Bonython
Jenny Chillingworth Rosa Frezza
Di Grocke Mick Hegarty

Janet Henriksen Sandy Jansen
Gabby Leschen Fay Mathews
Chris Miller Ann-Marie Reid

February 2011

Jackie Johnston Faye Trevor

Further Down the Track in 2011 Put these dates in your Diaries

50th Tunarama January 2011

Saturday 22nd January at Noon Street Parade

Saturday 22nd January Gala Night Awards

Sunday 23rd January Paddling

followed by Coffee & Lunch at Marina

meet 'sister' paddlers from Adelaide

Sunday 13th February "Come 'n Try" Tumby Bay

Sunday 6th March "Come 'n Try" Port Neill

Sunday 10th April

Pink Bowls Day
Kirton Point Bowling Club

Volunteer Award

Federal Member for Grey
presented DAPL Member
David Gillies with a Certificate
in recognition of his
contribution to Australia's
Overseas Aid Programs at
the Hilton Motel in Port
Lincoln.

Congratulations! David



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Welcome to New Members

Terry Bonython

David Johnston

Gayle Lang

Tracy Mortimer

We are on the web!

Visit www.dragonsabreast.com.au