

## DRAGONS ABREAST Tasmania Inc.

### "Great fun had by all"

DAT was involved in at the Hobart Regatta during February, our first official public demonstration, it was both stressful and magical. Most fun was our first **Race**. We went to Devonport as guests of the Apex Regatta Association, the challenge to take on 3 NW Coast Teams in surfboats. We were beaten of course, but as we all know it's not about winning, but sending a positive message about surviving/living with Breast Cancer. There was plenty of media coverage and it is hoped that we generated enough interest to see a boat based in another part of the state within the next year.



### Summer/Autumn NEWSLETTER 2004

Sue, Jean and I represented Tassie at the National Dragon Boat Titles in Perth over Easter. We were part of the crew called "Inspiration", and in the boat every state was represented. Once again, it was a great learning curve, and we managed to paddle 6km on both Saturday and Sunday, much to our amazement. We had to paddle 500 m to the start line, and then have a 500 m race (x6) on the Saturday. On Sunday we had a break, the races were only 250 meters.

It was fantastic to meet up with other pink ladies, most of whom I had originally met at the Masters last November in Canberra. We managed two bronze medals, and raced in aluminum Dragon Boats, so different from our "Boobialla".

The weather was beautiful, the water warm, and racing course A1, even so four boats sank, due to the difficulties the Sweeps had controlling the low freeboard, keel-less boats, this caused great hilarity amongst both the crews and the spectators, but absolutely no panic.

The Perth girls organized some great social activities, and as National Report Continued usual Michelle was a non-stop dynamo, a fabulous time was had by everyone, as one of the girls said "Never mind about winning, it is just great to be here competing with everyone." I can't wait till the next time. **Moir**

### Winter Paddling

**1<sup>st</sup> and 3<sup>rd</sup> Sunday of each month  
at 1.45 pm**

**2<sup>nd</sup> and 4<sup>th</sup> Saturday of each  
month at 9.00am. If there is a  
5<sup>th</sup> Sat or Sunday in the month  
then the group phone around and  
discuss what day most people  
would be available. Paddling  
during the week can take place if  
there is a Sweep available or  
interest from at least 8-10  
paddlers, " its up to you"**

### **DAT and Canteen:**

During Feb we hosted a group from Canteen and Offspring to a fun water day and BBQ lunch at Lindisfarne Rowing Club. To see the faces of the Pink ladies with smiles and tears was most rewarding. One of our paddlers grand daughter, now knows why her Aunty and Grandmother are so hooked on pink and paddling. We feel like we have given these kids 20 new aunty and uncles that they connect with.



### Cause and Cure for Breast Cancer:

The national Breast Cancer Foundation has launched a 12-month nationwide campaign to raise \$10 million for research to find the cause and cure(s) for Breast Cancer, which affects 10,000 new women each year. These women are wives; mothers, sisters and lovers, as there are 2,500 deaths from breast cancer Each year, 2,500 families are dislocated in some way and Australia loses another 2,500 contributing citizens. If you are reading this newsletter your are either a breast cancer survivor or a supporter of those survivors. You can assist in this campaign by donating to the Foundation or by attending or organizing a fund raising event. You can also organize your own lunch or morning tea and invite your friends. All funds raised are forwarded to National Breast Cancer Foundation, Level 4 Suite 402 90 Pitt Street Sydney or GPO Box 4126 Sydney 2001 email [nbefl@nbcforg.au](mailto:nbefl@nbcforg.au) Sheena Short 62477602 email [tasshort@bigpond.com.au](mailto:tasshort@bigpond.com.au)

### **Water Safety Session:**

During early May most our team and some of our rescue crew took part in a water safety session. (Thanks to Tattersalls Aquatic Center and Margaret for the initial contact). We practiced cold-water rescue drills, working in groups and as individuals, "I learned heaps", I know my lifejacket holds me out of the water and that my buddy and I won't panic. More sessions are planned for winter. We might get Angel a loud speaker to help with pool noises. It is really important that all attend the next session.

## Coming Events:

Dragons Abreast AGM during July  
Lindisfarne Rowing Club AGM 15<sup>th</sup> July  
Winter Safety Training at pool August  
Repair boat working day TBA

## “Comments from around the shed”

Well nearly everyone had arrived at Cosy Cabins in Devonport.....beaut digs, I heard a strange swosh, swosh and into the grassy circle landed about 20 beautiful grey and pink galahs, got to be a message in that “Pink birds in a boat can make more noise than a flock of galahs(Sally B). So much for R.....supervising the youngsters from Canteen, they almost set the kitchen on fire under her watchful eye.!!! (Anon)

### Chris's paddle chant

We wear pink and we are proud  
We're a happy joyous crowd  
We can paddle different ways  
The drummer we do what they say  
We can paddle pat the cat  
Light and easy's where it's  
We can paddle deep and strong  
Special as we sing this song  
Paddle paddle Dragon boat  
While the sweep keeps us afloat  
Sweep Sweep keep us straight  
Or we'll end up in Bass Straight  
Paddle Paddle it is fun  
On the Derwent in the sun

## A Poem

To realize the value of nine months: Ask a mother who has given birth to stillborn.

To realize the value of one month: Ask a mother who has given birth to a premature baby.

To realize the value of one week: Ask an editor of a weekly newspaper.

To realize the value of one hour: Ask lovers who are waiting to meet.

To realize the value of one minute: Ask a person who has missed the train, bus or plane.

To realize the value of one second: Ask a person who has survived an accident.

To realize the value of one millisecond: Ask the person who has won a silver medal in the Olympics.

To realize the value of a friend: Lose one.

Time waits for no one.  
Treasure every moment you have.  
Treasure it even more when you can share it with a friend.

*ANGEL*



Tassie girls Jean and Moria in WA competing at the National Titles

**Just a little funny**

Two elderly women were eating at a restaurant one morning. Ethel noticed something funny about Mabel's ear and she said "Mabel, did you know you've got a suppository in your left ear?"

Mabel answered, "I have? A suppository?" She pulled it out & stared at it. Then she said, "Ethel, I'm glad you saw this thing. Now I think I know where my hearing aid is"

For a few more pictures and stories about other pink ladies teams visit

[www.dragonsabreast.com.au](http://www.dragonsabreast.com.au)

AUSTRALIAN STORY ABC TV  
I hope every one saw the show on Monday Nite.

As a supporter watching this, it bought me to tears, gave me an overwhelming feeling of joy and a huge feeling of belonging. It really gave the True picture of what this pink paddling mayhem is all about. Michelle is a true champion to the cause of being a Breast Cancer Survivor. Louise my big sister will

always be my hero and now Jenny in the story is my second, what a fighter with her support from her Sister Jo. If any one missed this truly amazing story I have made copies and will gladly lend out.  
Angel

There are lots of Photographs, Scrapbooks, Videos and CD of images and magazines, throughout members of the club, could we have them brought to the Planning Day 20 June so that we can record who has what and where. Thanks

Price List Of Pink Gear

- (Love this Dragon)
- \$12 Woolie Beanie
- \$12 Bucket Hat
- \$10 Cap
- \$10 Viser
- \$25 Club DRAGON T-shirt (grey only)
- small- large- x large- x x large

Please if you want to purchase any of these please contact:

Angel, Louise or Moria.  
0409 951108, 6244 4021, 6245 1892

[louise.woodruff@trump.net.au](mailto:louise.woodruff@trump.net.au)  
[pandmcanell@hotmail.com](mailto:pandmcanell@hotmail.com)

