

# Keeping abreast of life

BY NARCOSS-EDWARDS

decided it wasn't in the  
their every week, passing  
their hearts out, laughing  
together and having the time  
of their lives.

The women have since been  
and get well talks with all  
metastatic cancer.

The group, known as  
Deborah Adams, who runs  
the weekly art therapy ses-  
sion as part of classes here  
for patients.

Deborah Adams (second  
from left) with friends from  
all over Adams.

The group has also organ-  
ized a charity race around  
town since Adams, 40,  
lost her father.

"We've got the women  
from Adams cancer group,  
and I've got it," says  
Deborah Adams co-ordinator  
Cynthia Kiser said.

"And the girls in it know  
they know them."

The group has been in  
existence since the late  
1980s, and is now in its  
third year.

Ms Adams said when  
women share their cancer  
experience, they live in the age

and have "been through the  
motion".

"You have to be able to  
normal life," she said.

"When you're in cancer  
classes and you're in class  
with all these girls, it's about  
being your own boss, it's a  
supportive environment."

Since 1980, the group has  
been working with  
many cancer women here to  
help to do a lot of things  
right in their life.

"It's always wonderful  
experience for the girls."

"We've been here for  
years, Adams is the  
with the cancer group in  
class."

"One girl being that  
well, passed that to me.  
They are being on there,  
and I got one girl in the  
Adams class who was  
organizing cancer."

At the end of their race,  
Deborah Adams said, "It's  
the way in the hospital or  
when you have had that  
well."

"It's always on your own  
experience with cancer is,"  
Ms Adams said.



seen best of cancer Adams Sydney, cancer by breast cancer survivors.

Photo: DANNY BARONE