



Newsletter January 2005

Good Health, Good Fortune and Happy New Year to All!

- Incorporations & Submissions
- Fundraising

Incorporation & Submissions

Please note the Inc in our name. A big thank you to Helen Sands for doing this for us. It took about three returns of correspondence before everything was in place but eventually it happened. We needed incorporation before we could submit an application to the Gambling Benefit Fund for assistance.

That has now gone in and we look forward to hearing how we fare. We have also put an application in to the Breakwater Casino Gambling Benefit Fund. Here's hoping!!!

Fundraising



Many thanks to all who assisted in the Christmas Raffle. In particular, Robyn Muir and the many who helped her especially Joan Billingsley. Great to hear that Joan's daughter, Hannah, won the major prize of the Outdoor Furniture from the Outdoor Furniture Specialists in Woolcock St. She helped

her Mum to sell lots of tickets. We are now \$1200 better off.

I know it is a drag but we have a wonderful prize of Basketball Tickets from MacDonalds to raffle in the next few weeks. Robyn has had the tickets printed so once again please help if you can.

Christmas Break-up



Quite a few of our members enjoyed a Christmas get together at Yotz on the Strand. Those who didn't make it missed out on a delightful Pink Bag of Chocolate Xmas Treats made by Joan Billingsley. They were yummy! Thanks Joan!!

Basketball



Our outing to the Basketball was most enjoyable and helped put the spotlight on Dragons Abreast. There were a few pre-game interviews on 4TO and ABC and on the night we stood out (and were pointed out and applauded) in our

bright pink paddling shirts and hats. A big thanks you to CEO, Mater, Mr. John Amery, for making it possible and supplying the drinks and nibbles.

Dragon Boat Storage



A letter has arrived from Thuringowa Mayor Les Tyrell offering us storage space for the new Dragon Boat in the new multi-purpose Boat Shed being built on Loam Island and the use of the Riverway in conjunction with the Rowing Club and Water Ski Association. We have also been contacted by Townsville Mayor Tony Mooney, offering support and assistance.

Mini-meeting



A short meeting followed the first Gym session last Wednesday, (12th January).

NEW PADDLING TIMES

It was decided to canvas the Townsville Outriggers re additional paddling times such as Wednesdays, 5.30pm, Saturdays, 7.30pm. The gym circuit will continue to run on Wednesdays from 5 till 6pm.



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Coffee Afternoon



Please note that we plan to meet socially once a month. The first coffee afternoon will be at Tilleys (coffee shop) in the new Coles complex in the city on Friday, 21st January from 3 to 5pm, and every third Friday of the month thereafter. (venue to be decided). New members and non-paddling members are most welcome to come.

Lifestyle Program



Another first is in Lifestyle meetings and the first will be addressed by Psychotherapist, Fraser de Groot on the Psychological Aspects of Breast Cancer. This will be held at the Mater in the on Friday, 28th January at 5pm.

Karen Uhlmann

For those who may not have heard, Karen's Mum passed away at home on Thursday, 6th January. It was great that we had the privilege of meeting Nardia when she was in Townsville last September. Karen spoke so highly of her and her high regard for her Mum is inspirational.

Karen was able to be with her from early December during Nardia's diagnosis and hospitalisation. She and Glen participated in the difficult job of Palliative care nursing at home when Nardia returned just before Christmas. We are all missing Karen's dynamic presence at the Gym and look forward to her returning.

New Members



When the Dragon Boat arrives in February we will need extra paddlers. It was decided at the mini-meeting to issue all newly diagnosed breast cancer sufferers with an invitation to become a part of our group, either

as a social member or paddler. We plan to contact the Cancer Foundation. Linda Barrett, Breast Screen and the Wesley Hospital to pass on an invitation and information about Dragons Abreast Townsville Inc. If you know of anyone who may be interested please pass on their names and contact details to us.

Fees



We are presently in discussion with Townsville Outriggers re fee structure for the future.

There is a need for associate membership and social membership that is different to paddling membership. For those who want to see what we are about and attend only social functions it has been suggested that the levy be \$10 per year. Please let me know what you think.

CHEERS,
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